

**Dr IZABELA JAROSZEWSKA, Ph.D**

[www.jaroszevska.eaf.com.pl](http://www.jaroszevska.eaf.com.pl)

Languages: english/ italiano/ français /polski/ русский

Born in Poland, Living in Italy, Working worldwide.

International Visiting Professor of Photography and Art Perception

Il Titolare dell' Accademia Delle Arti Contemplative, Toscana

Founder of European Academy of Photography

Fine Art Photographer, Visual Artist and Art Teacher with education and experience in Photography, Cinematography, Painting, Theater and Dance.

Mindful Art Teacher. Art teachers Trainer. Coach of Contemplative Art Education. Creative Art Counselor.

Art Critic specializing in comparisons of Eastern and Western art.

Member of Jury - International Selection Committee at the Biennale in Florence, Italy.

Dr.Jaroszevska graduated with:

PH.D.(Doctor of Photography and Cinema) in The Higher State School of CINEMA, Television and THEATRE in Łódz.

PH.D dissertation "Looking and Seeing" a comparison between Eastern and Western Arts Perception and the Contemplative approach to reality and art in both traditions. It also concerns different concepts of beauty in European and Eastern culture, focusing on Japan. Dr.Jaroszevska's writing focuses on the theory of images in art and also contains a very practical method for developing real experience in the mind of the student.

The University of A. Mickiewicz in Poznan - Department of LAW and Administration with a Master's degree.

The Higher State School of Cinema, Television and Theatre in Łódz - postgraduate study.

A from the ACADEMY of FINE ARTS - Departement of Photography.

Dr. Jaroszevska was a Founder, Managing Director and instructor at the EUROPEAN ACADEMY OF PHOTOGRAPHY in Warsaw, Poland (2000 - 2012). One of the biggest photographic school in Poland with a 3-year study programme, part-time and weekend study and professional workshops. The Academy trained 200 students, with 40 polish and international instructors and consultants.

The European Academy had an innovative approach to teaching photography. Dr. Jaroszevska for the first time in the postcommunist era taught contemplative perception and conscious understanding of photography. In 2011 she was the facilitator and Art Director of the biggest european photographic project "Photography for Professionals" funded by the European Union.

In 2012 she was the Visiting Professor at NAROPA UNIVERSITY, BOULDER, Colorado, USA. Dr.Jaroszevska gave lectures at the Visual Art Department, Psychology Department and Religious Studies Departament. She had great success applying her extensive knowledge and practical exercises in working with the students of the visual arts. Painters, actors, dancers, psychologists, social activists and art therapists all benefited from her expertise. This showed the openness and versatility of Dr. Jaroszevska's teaching methods.

Currently residing in ITALY, Dr. Jaroszevska is organizing International Workshops of the Arts in TUSCANY.

Under Tuscan skies the students have a unique opportunity to explore art from the Middle Ages, the Renaissance and the modern day.

Emphasis is placed on sense perception and the contemplative processes by experiencing different ways of looking at and making art. Students are immersed into art making through guided contemplative and perception practices including harmony of mind and how to be true in relation to one's self and the world around them. Workshop highlights are: Photography, Painting, Drawing, Dance, Music, Poetry, Theatre, Awakening and the Opening of the senses through perception.

Dr. Jaroszevska has lectured at The Royal Academy of Art in the Hague and given workshops in Iceland and in Italy.

A member of the Portfolio reviewers during the International Meeting of Photography - Plovdiv, Bulgaria, she is also an honorary member on the board of The House of Photography in Warsaw, Poland and a Member International Selection Committee at the Biennale in Florence, Italy.

She contributes regularly for the photographic and art magazines: Pozytyw, Photo and Quarterly Photography.

Dr.Jaroszevska has also curated at several photographic exhibitions.

She has worked as Film Supervisor for american Advertising Agency Amirati Puris Lintas and as a Tv Producer for Film Studios and Television.

She was also a fashion and portrait photographer.

## Art Education and Experience

Her stays in Paris in 1997 and 1998 were extremely successful. She got to know many great photographers and got acquainted with the French style of photography initiated by Henri Cartier-Bresson. She studied the History of Painting and the Perception of Art in contact with real works and also the Theory of Music. Also beginning Zen meditation at *Centre Bouddhiste Zen Soto*, Association Internationale.

In the Academy of Fine Arts Dr. Jaroszevska studied Painting, Drawnig, New Media, Video Art and Photography.

Studying Filmmaking at the Film School and learning about directing, use of light, script writing, costume design, set design and film production management.

For two years she was a member of the THEATRE Group run by the students of Jerzy Grotowski (one of the greatest innovators of 20th century theatre). Using new and innovative methods of Grotowski's work with councious body like methods of the Essential Theatre, acting Methods and Movement Theory within the movement of the body and outer and inner perception. For the first time Dr. Jaroszevska discovered how important is for the artist to work on three levels: body, voice and mind.

Since 2002 her interest has headed towards integral and transpersonal psychology, having studied the transpersonal, self-transcendent or spiritual aspects of the human experience. Issues considered in transpersonal psychology include spiritual self-development, self beyond the ego, and other sublime and/or unusually expanded experiences of living. Her research ended up with meeting Ken Wilber the guru of transpersonal psychology during her stay at Naropa University, USA in 2012.

At Naropa University she had also the possibility to expand her knowledge studing classic buddhist Thangka Painting, Calligraphy and Performing Arts.

From 2007 until present Dr. Jaroszevska has studied „the DANCE on the Mandala" with one of the great living Dzogchen Master Chogyal Namkhai Norbu. This special Dance involves integrating internal and external Space on three levels: body, speech and mind. Within this profound practice she has developed the capacity to work within all six senses and incuding Mind.

In 2013 under the guidance of Maestro Giulermo Pinna she studied classic singing in the choir in Venice, specializing in italian song from the Renaissance and Baroque.

Izabela Jaroszevska's photographs were exhibited in almost 80 galleries. The most important are:

Gallery „pF", Poznan Gallery MTP, Poznan; Gallery Akademy of Fine Arts, Cracow; Gallery Akademy of Fine Arts, Poznan; Gallery „Foto-Medium-Art", Gallery „Prezentacje" Wojnowice; Gallery of Art, Kłodzko; Gallery BWA Gorzow Wlkp; House of Photography, Poprad, Slovakia an exhibition „Relations"; Museum in Zyrardow; Dom Bretanii in Poznan; Gallery FF in Łódź - an exhibition My Dreams; Helicon in Warsaw - The Jazzbook; Museum in Wolsztyn; Gallery „Wozownia" in Torun; International Meetings of Photography -Plovdiv, Bulgaria 2003; House of Photography, Warsaw - an exhibition La Mer; Polish Culture Institute, Sofia, Bulgary; Gallery in Warna, Bulgary; Art Gallery, Nowa Zagora, Bulgary; WM Gallery, AMSTERDAM, Holand  
Luksfera, Warsaw -. Iceland - No Man's Land; The Hafnarfjordur Institute of Culture and Fine Art, REYKJAVIK, ISLAND, an exhibition De Profundis. Espace Chatlet Victoria, PARIS - the exhibition ZEN , PARIS PHOTO 2010, De Profundis- L'Ausonia, Trieste, ITALY. Iceland- Vis-a-Vis, Trieste, ITALY. De Profundis, Photography & Revelation - at Joan Anderson's Studio, BOULDER, Colorado, USA. "Meditiamoci" - Doble Room Gallery, Trieste, ITALY.

## Books:

"Lookind and Seeing" Ph.D disertation, 2010, The Higher State School of Cinema, Television and Theatre in Lodz

Photo Book "Day before Warsaw"- contemporary pictures, Bosz, 2004

Izabela Jaroszevska - Iceland - No Man's Land, 2004;

Izabela Jaroszevska -Photographs 2001;

My Dreams 2001;

Izabela Jaroszevska - Photographs,1999;

Izabela Jaroszevska - Legal protection of photography and audiovisual works 1997, published by The Higher State School of Cinema, Television and Theatre in Lodz